



Alisal Community Healthy Start
Family Resource Center
 1441 Del Monte Ave. Salinas, CA 93905
 (Behind Alisal Community School) Telephone:
 831-775-4500 Fax 831-753-5273

Basic Education Classes in English and Spanish

CBET– Alisal ESL Computer Class

Monday to Thursday—8:30-11:30am
(Beginners)

Monday to Thursday —1:00-3:00pm
(Intermediate)

**For more locations call
775-4514**



Computer Lab

Monday & Wednesday
5:00 - 8:00 evening

**For more information call
775-4511 or 775-4500**

Plaza Comunitaria



Adult Spanish Basic Education
Pre-Literacy, Primary and Secondary
School Levels

**Call for an appointment
775-4510**

(Morning, Mid-day, Evening Classes)

Salinas Public Library

Books and Literacy Classes
in English



**For more information call
758-7340 or 775-4504**

**Free childcare is provided
while you are in class**

School Readiness for the Whole Family

Avance Project Ready to Learn!

**Help your child between ages
0-5 excel for school**

- Learn about your child's developmental stages.
- Strategies to encourage your child's development.
- How to make your home a learning environment.
- Free Development Screenings
- Play Group for children 0-3

**For more information call
775-4517**



Sharing Time



**Classes and Games for
Babies 0-3 years of age**

Monday-ages 18-36 months

Wednesday-ages 0-18 months

Hours are: 12:30-2:30pm

For more information call

775-4500

Salinas Police Activities League (PAL)

Monday through Wednesday
3:00-5:00

(Ages 8 to 13, by referral)

- After School Computer Class
- Recreation/Educational field trips

For more information call

775-4511

Other Services and Programs

Types of Assistance

- Healthy Families/Medi-Cal Application Assistance
- Information and Referral
- Assistance with applications & forms, such as: Employment, Unemployment, WIC, housing, etc. (no court or immigration documents)
- Mobil oral health van—Community Oral Health Program

Support Groups

- Dads in Action
- Women's Support Group
- Family Support Groups
- Counseling for (0 to 5 years old) 93905 families with referral

Programs or Workshops



- Positive Parenting Program (Triple P)
- Nutrition Workshops
- Financial Management Class
- Family to Family Foster Care Recruitment Program
- Latino Family Literacy Project

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While you are in class**



Department of Social
and Employment Services



CBET - Salinas

Community-Based English Tutoring Program

